

370 Kings Village Road ♦ Scotts Valley, California 95066 ♦ (831) 438-8666

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Senior Center News Update August 2011

President's Message.....

What a wonderful very, very large crowd our Center hosted for the Chicken Dinner Evening. Our sincere thanks to Harvey and Linda Bustichi for their preparation of the absolutely delicious chicken. I would love the recipe. As always this dinner could not have happened without our fantastic volunteers. You rock!!!!!!.

The Scotts Valley Senior Center Board will meet on August 4th at 3:00 pm in the Library. Members are welcome to attend. If you have any items you would like discussed please contact Conrad Sudduth so that you can be placed on the Agenda.

Joy Mornard President

Coordinator's Message.....

Hello Senior Center Members, Even though we are in the throes of summer, Santa and his Elves paid an early visit.

They brought with them a wonderful welcome gift. Many, many thanks to Ferd & Fran Bergholz and the SV Parks Advocates. They teamed up together and provided a much needed new computer for the office. In addition, Ferd donated his precious time to set everything up AND culled through old files to provide me with relevant information to make my transition into the administrative portion of my job easier. Thank you Ferd XOXO

All of our activities and classes are in full swing. We have some wonderful instructors and over the next few months, I will give you a little background on each one. In this edition as you read further into the newsletter, I will begin with Billie Street.

Thanks to all the receptionists who volunteer here at SVSC. Service with a smile, they helped keep our center open, assisted with queries, made calls for our Membership Drive and other events and tackled a variety of additional tasks to help me out. Thank you to Candice, Carol, Geri, Jane, Joanne, Judy, Kathy, Lori, Luella, Margaret, Marlyn, Millie and Rita. Under John's care and supervision, Meals on Wheels is flourishing. Helping him are Bill, Jane and Marlene, Scott and Kimmarie from the City and our wonderful Lions Club members. Board Member Tom deserves a great big round of applause as our piano player extraordinaire who keeps our sing-a-longs going and Carol, who with the help of Norma and Jean, runs bingo for the afternoon entertainment. A big Thank You to you all!

We had a great turnout for our July Dinner and have heard nothing but compliments on a delicious and fun-filled evening. It was a BIG undertaking and could not have taken place without a lot of help. Thank you to Anna, Art, Bill, Geri, Jane, Joy, Kathy, Lisa, Marlene, Michelle, Mimi, Padma, Rita, Sammy and Sandra. Humongous thanks to Harvey and Irene for cooking up all that delicious baked chicken according to Irene's family recipe. As for the entertainment....kudos to Sammy and the line-dancing class. They had two weeks to prepare and did a great job! Whoo hoo for Board Member Gary for getting the bocce guys together to assist with putting away all those tables and chairs - many hands made light work!

And while I am at it, I would like to give a nod to the work of sisters, Sue and Linda. Like a well-oiled machine, they keep our boutique clean, fresh and well-stocked. We get so many compliments from people who say it looks different each time they walk in. These ladies make it look so easy but A LOT of work goes into running the boutique. Thanks to their efforts, I do not have to worry about it. If you are parting with some of your possessions at home, Sue and Linda love donations!

For those of you who like to read, Joanne and Marlene take care of our library. They have a knack for putting their hands on just what you are looking for – they would love to receive your paperback book donations.

Mimi is a star! As the Bocce Ball Chair, she spends an incredible number of hours in planning and dealing with logistical issues. In addition, she is our health resource and spends, again, many hours on research to bring the latest and credible sources of information to our attention.

Van drivers Bruce, Dave, Jean and Tim help get our seniors out and about town. Whether is it visiting the Center or taking care of medical appointments, grocery shopping and banking, it is all done with a warm smile and cheerful face, rain or shine. Thanks Guys!

Thanks to Fernando for his efforts to keep the facility clean. Of course, on such shortened hours it is not easy to cover everything. Many, many thanks to Jane's helping hands and sense of order. Not only has taken it upon herself to sort and clean through the cupboards, boxes and closets she takes the laundry home and brings it back fresh and clean! Autumn zooms in and out of the Center cleaning, gardening and generally doing jobs to make our life easier and more comfortable. Lastly, THANK YOU to Conrad, Carol and the rest of the Rec staff for all that they do for us.

As you can see, it takes an army of folks to keep everything going at Scotts Valley Senior Center. If possible, please volunteer your services. I can find something for everyone. Increased involvement means we will be able to offer more variety and something for everyone's enjoyment. **See you soon, do drop in and visit, Darshana Croskrey**

HAPPY BIRTHDAY to the Following Scotts Valley Senior Center Members for August

If You see any of these Members, Please wish them a HAPPY BIRTHDAY

Barbara Ann Henrick	1	Marie Lumazar	2	Nancy Bowie	5
Diane Davis	6	Dorothy Douzeff	9	Georgeann White	9
Amanda Danner	10	Hans F. Arum	11	Sam G. Khalil	14
Dolores K. Webber	15	Shirley Greenwood	17	Jill Cramer	18
Betty Vig	20	Rich Alsbury	21	Brian Peterson	21
Barbara Austin	24	Zora Dennis	29	Virginia Hooper	29
Doris Russell	31				



We Wish All of Our Birthday Seniors, for This Month, Best Wishes from The Entire Scotts Valley Senior Center. Have a Great Month and Remember that You are Only as Old as You Feel. So, for this month Feel Very Young!

MONTHLY BIRTHDAY CELEBRATIONS.....

Please note, starting in July. monthly birthday celebrations will take place on the **LAST Thursday** of the month at 1:30pm . This party is open to all. Come join us to wish a Happy Birthday to this months Birthday celebrates.

TAI CHI FOR SENIORS

Please join instructor Mary Mulligan for her ongoing Tai Chi class on Friday mornings from 9-10 at the SV community center. This class is gentle, easy movement for your body, mind and spirit. Class is \$7 for members and \$8 for non-members.

Back to Original Hours for Bridge Club:

The time for bridge players is back to 12:30 on Mondays. New members are always welcome, As a side note, if anyone would like to teach a beginner's class at 11 am on Mondays, please get in touch with Darshana at 438~8666

POKER PLAYERS UPDATE

As requested our Poker Players have moved their day to Thursday. Same Time and same place, that is 1 pm to about 3 pm each Thursday.

UKULELE CLASS

Carolee Burrows is giving her beginning ukulele class, Tuesdays from 10:00-11:00. Carolee also teaches at Highland Park. Class costs \$2 per class and you will quickly learn to play songs on this fun instrument. The ongoing ukulele jam class starts at 11:00.

LINE DANCE CLASS

Please join Samy Khalil on Fridays, for a beginner's line dancing class from 9:15-10:00 (before exercise class) This class will be for those seniors who want a gentle, enjoyable and fun class and Samy says it would be stimulating activity for your brain, also. Class is \$2 per person, per class.

ZUMBA FOR SENIORS

Please come and join in as Leatrice Bachan leads us through this fun and invigorating activity designed especially for Seniors. Cost is only \$2 per class.

Senior Homecare



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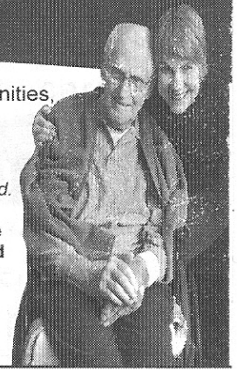
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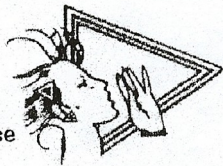
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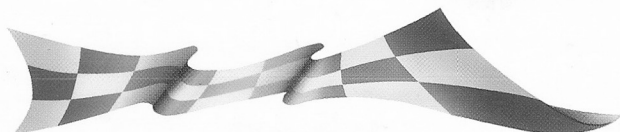
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A Heads-Up - In the works

Flu Shots will be offered at Scotts Valley Senior Center on Wednesday September 28th More information to follow next month

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Support Our Business Members

Please continue to support our existing Business members and help us locate some new ones. Our Business members help support the activities of the Center. Please let our director know about any new prospects for New Members.

The SCOTTS VALLEY SENIOR CENTER serves lunch and plays Bingo every Wednesday.

Please join us for our weekly bingo games on Wednesdays from 1:00-3:00, right after our Meals on Wheels luncheon. Project Scout runs the bingo games and everyone is invited. We hope to see you here! Cards are .50 each and we also have the pull tabs! 438-8666 for more info.

**Lunch starts at 11:30 am till 12:20 pm and is provided by Meals on Wheels.
Donation of \$2.50.**

**You must sign up by Tuesday at noon.
Bingo cards are brought out at 12:30 pm.**

Weight Watchers to Rent our Facility

We would like to send a Very Big Thank You to Conrad for getting our Center a Great renter. Weight Watchers will be renting our building on Thursday evenings and Saturdays. That will bring in about \$6000 a year to our Center's budget.

More Rentals Available

Do you have friends or family that may be looking for a place to have a Party? Our Senior Center makes some of its revenue by renting our facility. We have a complete commercial kitchen, a large meeting room and a smaller meeting room for smaller groups. Be sure to let everyone know about our building for future Birthday parties, Weddings, or just a big family gathering. Please call the recreation department at 438-3251 for prices and availability.

YOUR HELP IS NEEDED

Due to the shorter hours that our new director has available, we would like to have a Volunteer Chairman and a co-chairman for each major event. Your help in volunteering will be greatly appreciated. Some events will also need to have a few additional volunteers for the day of the event. Please pitch in when you can. We all gain from an active Senior Center. We can also use help with the front desk phones.

SCOTTS VALLEY SENIOR CENTER HOURS for 2011

Monday, Wednesday 10:00am - 4:00pm

Tuesday, Thursday and Friday 10:00-2:00

Other Hours for Special Events

Directors office hours of 10:00am to 2:00pm on work days

Phone Number 438-8666

Please note - On the fourth Friday of every month, the center will be closed due to the City of Scotts Valley furlough days. No classes or activities will take place on these days. We apologize for any inconvenience this may cause.

SCOTTS VALLEY SENIOR CENTER IMPORTANT VAN INFORMATION PLEASE KEEP AND POSTGUIDELINES FOR VAN

MONDAY:	GROCERIES & BANKING
TUESDAY:	MEDICAL APPOINTMENTS/GROCERIES
WEDNESDAY:	LUNCH & BINGO AT THE CENTER
THURSDAY:	MEDICAL APPOINTMENTS/GROCERIES
FRIDAY:	SHOPPING

»» PLEASE GIVE At Least 24 HOURS NOTICE FOR ALL VAN TRIPS. »»
Remember, our drivers are volunteers and sometimes unavailable to drive.

VAN DONATIONS – S.V. SENIOR CENTER MEMBER

SV TRIPS-----\$1.50 ONE WAY \$3.00 Round Trip

SANTA CRUZ TRIP-----\$6.00 (one way or round trip)

NON-MEMBERS

SV TRIPS-----\$2.00 ONE WAY SANTA CRUZ-----\$7.00(one way or round trip)

VAN DONATION PRICE ALLOWS A TOTAL OF 2 STOPS. EACH ADDITIONAL STOP IS \$.50

A Look at Home Arts.....

Did you know we offer a class here at the Center called Home Arts? Led by the amazing Billie Street, the Center is a hive of activity three out of the four Tuesdays of the month. Indeed, from 2pm to 9pm nearly every square inch of the hall, library and deck is used! Billie has a "reputation". We have folks who come all the way from Monterey. Born and raised in Scotts Valley, she has taught for over 50 years. We are so blessed to have her. I met Billie nearly 19 years ago in my daughter's Brook Knoll class. I feel so lucky to have re-connected with her again.

Billie puts on a class once a year in July called "Tin Man". Last week, I was fortunate enough to be a participant. What an experience!!! I have already marked my calendar for next year, can't wait to do it again. Hey, you fellas out there, we even have some men in the class. Check out Kurt Karo's and Reiko Akiyoshi's newly completed handmade rugs. This photo does not do them justice so this is what we are going to do...mark your calendars:



Home Arts Open House

Date: Aug 16th 2011

Time: 3:00pm to 5:00pm

Place: SV Senior Center

Light refreshments will be served

You will get to see an amazing array of completed projects and also see the artists at work on their current projects. Their creative spirit will energize you. Bring your grandchildren. It will be quite an experience for everyone. See you then.



August 2011

The Meals On Wheels Menu for each Wednesday is available at the Center One Week Ahead. Please stop by or call for the current Menu or to Sign Up.

Scotts Valley Senior Center Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																															
	1 9:00 AM Yoga 10:15 AM Exercise 11:00 AM Blood Pressure 12:30 PM Bridge & Cards	2 9:00 AM Zumba for Seniors 10:00 AM - 11:00 AM Beginning Ukulele Class 11:00 AM Ukulele Jam 2:00 PM - 9:00 PM Home Arts	3 11:30 AM Meals on Wheels Lunch 1:00 PM Bingo	4 9:00 AM - 12:00 PM Watercolor Class 1:00 PM - 3:00 PM Poker	5 9:00 AM - 10:00 AM Beg Line Dance 9:00 AM Tai Chi Com Ctr 10:15 AM Exercise	6																																																																																																															
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Up Coming Events

Oct Choc & Wine Fest TBA	Nov Craft & Gift Faire - TBA	Pancake Breakfast – TBA
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It's not good to miss the best meal of the day, breakfast!

Mark your calendar as the Pancake Breakfast and Silent Auction is almost here. Sunday August 14th from 8am to Noon. Sweet price at \$5 per person! Tell all your friends and neighbors. Bring the family or treat your best friend! Who knows, you might even pick up something you just can't live without at the Silent Auction. Sue, Linda and Joy are busy at work to bring some sweet deals.

DON'T MISS OUT...

Tri-Tip Dinner is right around the corner on Friday August 19th at 4:30pm. Chefs, Conrad Sudduth, Steve Ando and Ken Anderson, will man the BBQ to provide this delicious treat. BBQ Tri-Tip, Macaroni Salad, Baked Beans, Watermelon and other nice surprises are in store for you.

Tickets may be purchased starting Friday August 5th

Cost: Members \$10 and Non-Members \$13

FALL BOCCE BALL

Sign up now for FALL BOCCE. Beginners welcome! It's easy and lots of fun. Free lesson & coffee. Weekly games run from August 22 to October 28, 9:30 - 11:30am at Skypark Bocce courts. Openings on Tuesday, Wednesday or Thursday. \$5 registration, \$2 per game, for S.V. Sr. Center members only. Watch our teams play M-F mornings and at our Summer tournament on August 19th courts. Sign up on our Sr. Center bulletin board. For information, call Mimi Patterson at 461-1608.

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