



# Scotts Valley Senior Center



August 2014 Newsletter

Editor: Becca Mosley

## Coordinator's Message

August is here, the weather is fabulous and the tourists are out in droves in our beautiful corner of the world! A big thank you goes out to Kristin Ard, our City staff, the SV Parks Advocates and all the participating businesses, organizations and volunteers for a wonderful **July 4th Parade and Fireworks Celebration**.

Everyone worked to make it a memorable occasion. Yours Truly, as you can see from the photograph, lived vicariously through this American tradition and had a grand old time walking in her first ever July 4th Parade!!!



Please do not forget that the **Annual \$20 Membership Dues are DUE NOW**. Please note that this issue does serve as your second reminder. Thank you everyone who took care of this small piece of business so promptly.

We thank Jay Topping for leading **Armchair Topics** session in June. We had a nice group turnout for the occasion. The local history topic stimulated great conversation and Jay shared many memorable photographs as well. Join me on August 28th when, back by popular demand, we will take a trip down memory lane using You-Tube!

Mea Culpa – I forgot to say in the last newsletter that the Senior Center Board Members award one **lifetime membership to a volunteer** at the Annual Volunteer Appreciation Luncheon. I am happy to share that the award this year went to **Linda Carney**. Since being bought on board by her sister and fellow member, Sue Kerr, she has put in hundreds of hours into the running of The Boutique at the center for nearly five years. Her attention to detail and eye for decorating and colors, make the shelf displays shine. Our center's little gift store is a jewel thanks to this sister duo, each with their particular talents and dedication.

A reminder that Elaine and Joe Zuniga will be back to host the monthly **Potluck Luncheon on August 1st**. Join them for some good food and conversation. They are looking forward to meeting you.

Sadly, this will be the **last monthly Line Dance Social** as we say goodbye to our hostess, **Jeanne Wilson**. Jeanne and her husband, Dave, will be moving to Florida in the very near future. Thank You for your energy Jeanne. We wish the Wilsons all the best on their new journey in life!

A German movie, **Pork Schnitzel and Applestrudel** received great raves for the **July Muncheon Movie**. Join Marlene and myself on **August 12th** for a trip to the Eastern Seaboard. We will have the 2014 movie, **The Other Woman**, Tilapia Piccata, and Manhattan Cheesecake in store for you.

I have to say, and everyone who attended would also agree that the **July Dinner** was definitely in the Top 5 to come out of our kitchen!!! **THANK YOU Harvey and Irene Bustichi** for your delicious chicken entrée. As usual, **Marlene** and her helpers did a fine job and a VERY SPECIAL THANK YOU goes to **Sammy Khalil** for stepping in at the last minute to help with set up, service, cleaning and mopping. Sign up early for the **August Tri-Tip dinner**. In keeping with our usual annual tradition, our City Staff will be cooking the meat. You know it's going to be delicious! People have been asking for a game night, so shall it be - we will have a variety of card and board games out for your enjoyment.

In closing, I would like to remind you that the **Free Summer Concert Series** at Skypark starts this week - last Sunday in July, August and September from 3:30pm to 7:00pm AND...we have our **Flea Market on Sunday August 3rd**. You may call Board member, Terri Ritchie for booth spaces at 818-3107 or stop by and shop and visit Marlene in the kitchen for snacks and lunch. Mark your calendars folks, don't miss out on a good time - Look forward to seeing you!

Until next time ~ *Darshana Croskrey*

# Happenings at the Center

## July Chicken Dinner



Our favorite chefs, **Harvey and Irene Bustichi** cooked our favorite chicken dish from their Italian family recipe.

**Chef Bustichi's Chicken**



## Focus on the Volunteer ~ Geri Gibson

Submitted by  
Darshana Patel-Croskrey

As the youngest child and only daughter of a Texan and a Californian who met in San Francisco, Geri Gibson always held her own against her beloved three older brothers. She acknowledges that she and her siblings were blessed to experience an idyllic childhood growing up in the small coastal town of San Luis Obispo (SLO). At that time, the city's population was only 14K and it was quite rural. Her father was the city's Postmaster for over 30 years; her mother a country school teacher in a nearby town (whose school is now a historic landmark). Over time, one by one, Geri's brothers were sent off to Ojai to boarding school and she in turn, was sent to Notre Dame College in Belmont. Upon her return to SLO, Geri worked for the US Army for a brief time as a part-time clerk until she took a job with the State of California in a department that was to become known as Cal-Trans!

Geri's love for cooking initially started from watching her father cook delicious meals for the family. After her marriage, Geri moved across the country to New Jersey for her husband's brief stint in the Army during the Korean War. Shortly upon moving back to SLO (so that her husband could finish his degree), they moved north to the Bay area by Walnut Creek and Lafayette.

Comfortable in her role as homemaker, she continued to experiment cooking with different types of foods, cuisines, and techniques. In between running a home, raising her children and working for Contra Costa County (CCC), Geri



took some Chinese cooking lessons. She enjoyed them so much, that this translated into her offering a series of Chinese cooking lessons in her home and that in turn, led to her becoming a caterer.

After retiring from CCC, it did not take Geri long to decide to move to Scotts Valley to be near some of her children and in no time at all, she started working for Santa Cruz County. After her "second" retirement and because she always wanted to be kept busy, she turned to her love of cooking in the multitude of jobs she next pursued: Farmer's Exchange, Chef Works, the Café in SV Book Store and From the Heart, to name but a few. In addition, delivered regularly to Positively Front Street, you would find Geri's decadent Chocolate Beet Cake!

Nowadays, accompanied by her constant companion, Ella - a standard poodle (a retired show dog), Geri is still very busy. At SVSC, she is the Meals on Wheels On-Site Admin, volunteers with dinners and events, mans the reception desk, cooks specialty dishes...and more. In addition, she keeps busy with water exercise, reading and keeping in touch with former co-workers with monthly luncheons. This proud mother of five children, seven grand-children and most recently, a first-time Great-Grandmother of three month old Andrew, makes time to visit them all locally here, in Walnut Creek and in the beautiful state of Oregon. She regularly shows up with her cheese bread which is a firm family favorite and has made sure the next generation knows how to make it too.



We count on Geri's volunteer efforts here at the center. Be sure to stop in and introduce yourself to her. **Thank YOU Geri Gibson** for all that you do for the Scotts Valley Senior Center.



## Sunshine Note

### Thinking of You, We Miss You ~

Cynthia Baldwin-Thanos, Luella Berry, Tom Bostrum  
Paul Feeley, Nick Hartman, Millie Vogler



## Cheers To All These Years...

**Willie & Darshana Croskrey**  
July 29th = 29 Years

**Geri Gibson** –  
first time  
great grand mother  
(see page 2)



## Gone But Not Forgotten

I am so sad to share to the news of the passing of SV Arts Commissioner, Claire Hodgin. We send our deepest condolences to her husband, Dave, their daughters and the rest of her family and friends. Dave and Claire met in university and spent 61 years of marriage together.

When I think of Claire, I think of the word passionate. Vibrant and warm, when she walked in to a room, you could feel her presence! An actress and a singer, she LOVED music and theatre, lived for it. We have lost a staunch proponent for the arts however; Heaven has gained an angel actress of many talents. Those who knew her know the following statement shared by her daughter as being so true of Claire ~ "If you can't handle me randomly blurting out song lyrics that relate to what you just said, we can't be friends!"

### Memorial Service

**Date:** Saturday, August 30, 2014

**Time:** 1pm

**Place:** Church of Jesus Christ of Latter Day Saints  
220 Elk Street, Santa Cruz CA

*Claire Hodgin ~ Rest in Peace*

## Senior Center Donations

Janine Charlton ~ Mahjong Racks and Pushers Set

Ray Saavetra ~ Splenda

Doug Krael ~ Sweet & Low

Betty Johansen ~ \$10 Sound System

John Warburton ~ Napkins

Bev York ~ \$30 Sound System

*So Appreciated - Thank You!*

## Welcome New Members

Bonnie Bailey . Marianne Blanc . Jan Burnham  
Susan Clarke . Roxanne Doupe . Charlotte Hagoosian  
Lucille Hogan . Kathleen Lanahan . Jane Mattes  
Karyn Neth . Linda Picard . Carolyn Villa-Scott

### THANK YOU FOR JOINING OUR SCOTTS VALLEY SENIOR CENTER

### Want to become a member?

Join the center, join the fun...It's easy as 1.2.3.

- 1 - See one of our nice receptionists during center hours
- 2 - Spend two minutes filling your membership application form
- 3 - Turn in form and \$20 annual fee to the nice receptionist – **DONE!**

**(New members pay pro-rated dues)**



**A free program of the  
Santa Cruz Public  
Libraries**



Classes start **September 8th**

Call To Register:  
(831) 427-7700 x7615  
**Pre-registration REQUIRED**

**iPads provided**

Do you know an older adult, a friend or loved one, experiencing memory loss?

Forgetfulness can be frustrating for both those experiencing it and for their loved ones. Join us in this supportive social setting, for a series of innovative workshops that use iPads to engage the mind and activate memory. No experience necessary. iPads are supplied by the library and individual coaches are present to help with activities.

**Complimentary Program Scotts Valley Branch ONLY**

## 2014 Discount Coupon Books Are Here Only \$10 each!



Do yourself a favor... Pick up one for yourself, another one for your other car (so there is always one within reach) Some more for your family members to help them save money too, and...A few more for hostess gifts and thank you gifts – your friends will appreciate them!

# August Activities

## COFFEE & CONVERSATION

Hostesses, Connie Adkins and Suki Marin, invite you to get your week off to a good start every 2nd Monday of the month. They welcome you to join them for a lively exchange words, ideas, gossip (only the "kind" kind) and of course, good coffee!



**Date:** Monday, August 11th  
(on-going every 2nd Monday of the month)  
**Time:** 10:30am to 12:00pm  
**Cost:** Free

## HOME ARTS

### HOME ARTS

Do you want to:

- ☒ Try something new?
- ☒ Let your creative juices flow?
- ☒ Surround yourself with inspiring folk?



Have up to seven hours of dedicated time set aside for your hobby? ...then THIS is the class for YOU!!!

Instructor, Billie Street, has been teaching the creative arts for over 50 years in the Santa Cruz and Monterey Bay Counties. This class is open to all but, you must first meet with her to discuss all the possibilities/projects that are open to you.

**Date:** Every Tuesday  
EXCEPT for the 2nd Tuesday of the month  
**Time:** 2pm to 9pm  
**Cost:** \$40 for each 8-week session

## LINE DANCE



Tamima Schwartz gets your boogie going and your feet stomping when you take her fun line dance class. Whether it's the Electric Slide, Tennessee Waltz or an Irish Jig, you're going to have a great time and a good workout!

Noon every Tuesday (Except for the 2nd Tuesday)  
9am every Friday (Except for the 4th Friday)

## BEGINNING UKULELE

Stan Meidinger is offering weekly beginning ukulele lessons. Ongoing classes are on:

**Date:** Thursdays  
**Time:** 12:00pm to 1:00pm  
**Cost:** \$7 Members / \$8 Non-Members



## BUNKO

Irene Bustichi and Sandy Payton, welcome you for some dice-playing fun.

**Date:** Thursday, August 14th  
Every 2nd Thursday of the month  
**Time:** 1:15pm to 3:15pm  
**Cost:** \$7.00 Members \$8.00 Non-Members



## NEW ~ PARTNER'S BRIDGE

**Date:** Thursdays  
**Time:** 1:15pm – 3:15pm

They will find partners for you  
Come to improve your play  
Call Lee Brown for more info at 430-9645



## POTLUCK FRIDAY LUNCH

Potluck Friday is growing!  
Join our hosts, Elaine and Joe Zuniga, as they welcome you to the table of this informal gathering to share food and conversation!

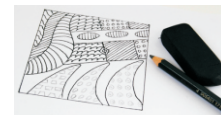


**Date:** August 1st, (Every 1st Friday of the month)  
**Time:** 12:30pm to 2pm  
**Cost:** \$2.00 and a potluck dish to share

## ART OF ZENTANGLE

The Art of Zentangle promotes therapeutic relaxation. The processes used will help increase your mental focus, fine motor skills and ease stress and anxiety.

**Date:** Fridays  
**Time:** 11:30am to 12:30pm  
**Instructor:** Angie Wisdom  
**Cost:** \$3 members/\$5 non-members



## ART of THERAPY

Are you looking for ways to deal with transitions in your life: financial, physical or emotional, and missing a sense of joy? Join our small supportive group to try some creative tools that could uncover options for your situation. Liberate your unique genius. Discover meaning and insights that can increase your hope and options. Go from surviving to thriving.

Facilitated by Joanne Stewart, LMFT, a licensed psycho-therapist with an expressive arts certification. She has been using these techniques to gain understanding and options around her own life transitions.

**Dates:** Fridays  
**Time:** 11:00am to 12:30pm  
**Cost:** Per week: \$15 Members / \$18 Non-Members

## SVSC BOOK WORMS

I invite you to join myself and the other Bookworms. We are reading a Steinbeck novel this month, each person is reading a different title. So grab one of your choice, happy reading, and I'll look forward to seeing you on the 15th! *Patsy Rice*

**Date:** Friday, August 15th  
(on-going every 3rd Friday of the month)  
**Time:** 1:00pm to 2:30pm  
**Chair:** Patsy Rice  
**Cost:** \$2 Members / \$3 Non-Members





# Activities and Information

## iPAD CLASSES COMING SOON

The center welcomes instructors, Joanna Phillips and her colleague, David Karabensh, as they help you navigate the wonders of the iPad world! This four week session is designed for new and intermediate users. No pre-registration is required. Simply show up with your iPad and/or your iPhone.



**Dates:** September 10, 17, 24 and October 1  
November 5, 12, 19 and December 3  
**Time:** 9:30am to 11:00am  
**Cost:** Members \$15.00 and Non-Members \$18.00

## WATER EXERCISE CLASS ~

**Day:** Fridays  
**Time:** 1pm to 3pm  
**Place:** Siltanen Park Swim Center  
**Cost:** \$15 per three week session  
Register at Skypark Parks and Recreation Office  
For more info call: 438-3251



## AUGUST MUNCHEON MOVIE PRE-PAID EVENT ONLY

**Sign up by close of day  
Friday August 8th.**

**Date:** Tuesday, August 12th  
**Time:** Noon  
**Cost:** Members \$5 /  
Non-Members \$6  
**Lunch:** Tilapia Piccata, sides and  
dessert  
**Movie:** **The Other Woman**  
2014 Starring Cameron Diaz, Leslie Mann & Kate Upton



## AUGUST TRI-TIP DINNER

**Date:** Friday, August 15th  
**Time:** 5:00pm  
**Place:** The Center  
**Cost:** \$13.00 Members  
\$15.00 Non-Members

**Pre-paid Sign-ups Only**  
(Deadline to sign up is 8/12)



Tri-Tip Dinner, Twice Baked Potatoes, sides and dessert – includes raffle ticket – followed by Game Night

## Parks and Recreation Needs Volunteer Readers for Kinder Kamp

Check this out! Do you like reading out loud?

They need several volunteer readers for the kindergartners in their program at both school sites, Brook Knoll and Vine Hill. This rewarding and fun activity could be just for you. It requires a half hour commitment a week and the frequency, site, timing may be of YOUR choice.

See Darshana or call Kristin directly at 438-3251



## Senior Center Van Information

**Please give at least 24 hour notice for all van trips and pick up has to be within Scotts Valley.**

Our drivers are volunteers and sometimes unavailable to drive.

**Monday:** Groceries and Banking  
**Tuesday:** Medical Appointments/Groceries  
**Wednesday:** Lunch and Bingo at the Center  
**Thursday:** Medical Appointments/Groceries  
**Friday:** Shopping

### Members

Travel within Scotts Valley:  
\$1.50 one way or \$3.00 round trip  
Travel outside Scotts Valley:  
\$6.00 one way or \$7.00 round trip

### Non/Members

Travel within Scotts Valley:  
\$2.00 one way or \$4.00 round trip  
Travel outside Scotts Valley:  
\$7.00 one way or \$8.00 round trip

Van Donation price allows a total of two stops.  
Each additional stop is \$.50



**Tim Grasso**  
One of our wonderful drivers

## Computer Classes

**Technology ~ Ayan Patel**  
**Dates:** Every Wednesday  
**Cost:** Free\*  
**Time:** 2:30pm to 4:30pm



\* However, donations of any amount gladly accepted – proceeds will benefit the Sound System Fund.

Using the center's computers, Ayan will be available to help you navigate the system, answer questions for you and trouble-shoot problems you may be having with your Apple or PC. He can also help you with your own laptops, tablets, iPADS, Smart phones, Droids, etc. ~ Great for beginners!

### Private Sessions

Members are welcome to schedule individual one-hour sessions with Ayan for \$30. All proceeds benefit the computer program at the center. Call center to schedule an appointment.

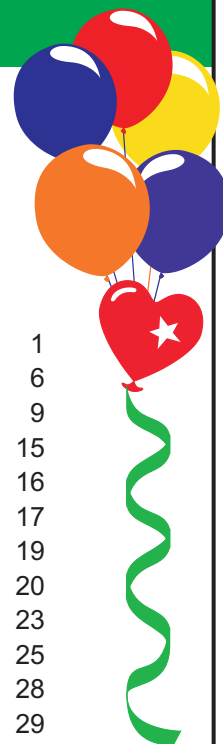
# August Activities



## August Birthday Celebrations

**HAPPY BIRTHDAY** to the following **Scotts Valley Senior Center Members**. If You see any of these Members, please wish them a **HAPPY BIRTHDAY**. Come celebrate on the last Thursday of the month at 2:00pm. This party is open to all. Best wishes from the entire **Scotts Valley Senior Center**.

|                 |    |                   |    |                     |    |                   |    |
|-----------------|----|-------------------|----|---------------------|----|-------------------|----|
| William Brown   | 1  | Marylee Clamon    | 1  | Barbara Ann Henrick | 1  | Linda Kramer      | 1  |
| Yolanda Sion    | 3  | Nancy Bowie       | 5  | Diane Davis         | 6  | Ladislav Pinheiro | 6  |
| John Warburton  | 6  | Alan Knox         | 7  | Harold Rice         | 7  | Walt Weston       | 9  |
| Georgeann White | 9  | Robert Clamon     | 13 | Samy G. Khalil      | 14 | Sue Harless       | 15 |
| Bob Rossini     | 15 | Dolores K. Webber | 15 | Paul Duffy          | 16 | Marilyn Payne     | 16 |
| Linda Pellett   | 16 | Ronnie Trubek     | 16 | Shirley Greenwood   | 17 | Beth Zumot        | 17 |
| Jill Cramer     | 18 | Karen Simmons     | 18 | Claudia Keane-      | 19 | Joy Miller        | 19 |
| Julia Niland    | 19 | Cindy Ortiz       | 19 | Suki Marin          | 20 | Betty Vig         | 20 |
| Rich Alsbury    | 21 | Marilyn Bickers   | 21 | Brian Peterson      | 21 | Lou Mays-Avelar   | 23 |
| Barbara Austin  | 24 | Helen Barnes      | 24 | Alberta Young       | 24 | Nancy Park        | 25 |
| Floral Williams | 26 | Steven Rieger     | 27 | Sheila Wilke        | 27 | Annie Nixon       | 28 |
| Carol Artman    | 29 | Zora Dennis       | 29 | Karen Diamond       | 29 | Virginia Hooper   | 29 |
| Donna Cederlund | 30 | Doris Russell     | 31 |                     |    |                   |    |



## Armchair Topics



**Date:** Thursday, August 28th

**Time:** 1:00pm to 2:00pm

Back by popular demand, join us as we take another trip down Memory Lane using You-Tube. We will see clips from yesteryear from TV, movies, news, music shows, song and dance routines and more. Join us for a touch of nostalgia!!!

All this fun followed by Birthday Cake Celebrations.

Look forward to seeing you ~  
Darshana

## Activity Leaders

|                                  |                                   |                              |            |
|----------------------------------|-----------------------------------|------------------------------|------------|
| <b>Art of Therapy</b>            | Joanne Stewart                    | \$15 m                       | \$18 n/m   |
| <b>Bingo</b>                     | Project Scout                     | \$ .50 per card              |            |
| <b>Bocce</b>                     | Mimi Patterson                    | \$2 m                        | N/A        |
| <b>Book Worms</b>                | Patsy Rice                        | \$2 m                        | \$3 n/m    |
| <b>Bunko</b>                     | Irene Bustichi/Sandy Payton       | \$7 m                        | \$8 n/m    |
| <b>Bridge</b>                    | Marilyn Snyder                    | \$2 m                        | \$3 n/m    |
| <b>Canasta</b>                   | Janet Hassler                     | \$2 m                        | \$3 n/m    |
| <b>Computer Lab</b>              | Ayan Patel                        | Free                         | Free       |
| <b>Cribbage</b>                  | Fran Rosen                        | \$2 m                        | \$3 n/m    |
| <b>Coffee &amp; Conversation</b> | Connie Adkins/ Suki Marin         | Free                         | N/A        |
| <b>Stretch &amp; Condition</b>   | June Barber                       | \$2 m                        | \$3 n/m    |
| <b>Home Arts</b>                 | Billie Street                     | \$5 m                        | \$6 n/m    |
| <b>iPAD Class</b>                | Joanna Phillips & David Karabensh | \$15m                        | \$18 n/m   |
| <b>Korean Cooking</b>            | EunKyung Otte                     | \$15 m                       | \$18 n/m   |
| <b>Line Dance</b>                | Tamima Schwartz                   | \$2 m                        | \$3 n/m    |
| <b>Line Dance Social</b>         | Jeanne Wilson                     | \$5 m                        | \$5 n/m    |
| <b>Mahjong</b>                   | Darshana Croskrey                 | \$2 m                        | \$3 n/m    |
| <b>Meals on Wheels</b>           | Sandy Payton                      | \$2.50 m                     | \$2.50 n/m |
| <b>Muncheon Movie</b>            | Marlene Flannery                  | \$5 m                        | \$6 n/m    |
| <b>Pinochle</b>                  | Donna Silva                       | \$2 m                        | \$3 n/m    |
| <b>Partner's Bridge</b>          | Lee Brown                         | \$2 m                        | \$3 n/m    |
| <b>Poker</b>                     | Ruth Lambert                      | \$2 m                        | \$3 n/m    |
| <b>Potluck Lunch</b>             | Elaine & Joe Zuniga               | \$2                          |            |
|                                  |                                   | plus a potluck dish to share |            |
| <b>Ukulele</b>                   | Stan Meidinger                    | \$7 m                        | \$8 n/m    |
| <b>Watercolor</b>                | Beverly Martin                    | \$10 m                       | \$15 n/m   |
| <b>Writing</b>                   | Jack McKellar & Joanne Stewart    | \$5 m                        | \$6 n/m    |
| <b>Yoga</b>                      | Padma Rudraraju                   | \$3 m                        | \$5 n/m    |
| <b>Zentangle Art</b>             | Angie Wisdom                      | \$3m                         | \$5 n/m    |
| <b>Zumba</b>                     | Leatrice Bachan                   | \$3 m                        | \$5 n/m    |

**m = Members n/m = Non-Members**



# August Calendar

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**1**

**Bocce** 9am - 11:30am  
**Beg/Int Line Dance** 9am - 10am  
**Stretch & Condition** 10am - 11am  
**Art of Therapy** 11am - 12:30pm  
**Zentangles Art** 11:30am - 12:30pm  
**Monthly Potluck** 12:30pm-2pm

**4**

**Yoga** 8:45am - 9:45am  
**Bocce** 9am - 11:30am  
**Stretch & Condition** 10am - 11am  
**Latest Health News** 11am - 12pm  
**Blood Pressure Checks** 11:45am - 12:15pm  
**Bridge** 12:15pm - 3pm  
**Canasta** 1pm - 3pm  
**Mahjong** 1pm - 3pm  
**Zumba Friends** 6pm - 7pm

**5**

**Bocce** 9am - 11:30am  
**Zumba** 9am - 10am  
**Writing Class** 10am - 12pm  
**Beg/Int Line Dance** 12am - 1pm  
**Home Arts** 2pm - 9pm

**6**

**Bocce** 9am - 11:30am  
**Meals on Wheels** 11:30am - 12pm  
**Bingo** 1pm - 3pm  
**Technology Open Session** 2:30pm - 4pm  
**Yoga** 5:30pm - 6:30pm



**7**

**Bocce** 9am - 11:30am  
**Watercolor** 9am - 12pm  
**Zumba** 9:30am - 10:30am  
**Yoga** 10:45am - 11:45am  
**Beginning Ukulele** 12pm - 1pm  
**Cribbage** 1:15pm - 3:15pm  
**Poker** 1:15pm - 3:15pm  
**Partner's Bridge** 1:15 - 3:15pm  
**Pinochle** 1:15pm - 3:15pm

**8**

**Bocce** 9am - 11:30am  
**Beg/Int Line Dance** 9am - 10am  
**Stretch & Condition** 10am - 11am  
**Art of Therapy** 11am - 12:30pm  
**Zentangles Art** 11:30am - 12:30pm

*Deadline for Muncieon Movie*

**11**

**Yoga** 8:45am - 9:45am  
**Bocce** 9am - 11:30am  
**Stretch & Condition** 10am - 11am  
**Coffee & Conversation** 10:30am - 12pm  
**Latest Health News** 11am - 12pm  
**Blood Pressure Checks** 11:45am - 12:15pm  
**Bridge** 12:15pm - 3pm  
**Canasta** 1pm - 3pm  
**Mahjong** 1pm - 3pm  
**Zumba Friends** 6pm - 7pm

**12**

**Bocce** 9am - 11:30am  
**Zumba** 9am - 10am  
  
**Writing Class** 10am - 12pm  
**Muncieon Movie "The Other Woman"** 12pm - 3:30pm  
*Deadline for Tri-Tip Dinner*

**13**

**Bocce** 9am - 11:30am  
**Meals on Wheels** 11:30am - 12pm  
**Bingo** 1pm - 3pm  
**Technology Open Session** 2:30pm - 4pm  
**Yoga** 5:30pm - 6:30pm

**14**

**Bocce** 9am - 11:30am  
**Watercolor** 9am - 12pm  
**Zumba** 9:30am - 10:30am  
**Yoga** 10:45am - 11:45am  
**Beginning Ukulele** 12pm - 1pm  
**Bunko** 1:15pm - 3:15pm  
**Cribbage** 1:15pm - 3:15pm  
**Poker** 1:15pm - 3:15pm  
**Partner's Bridge** 1:15 - 3:15pm  
**Pinochle** 1:15pm - 3:15pm

**15**

**Bocce** 9am - 11:30am  
**Beg/Int Line Dance** 9am - 10am  
**Stretch & Condition** 10am - 11am  
**Art of Therapy** 11am - 12:30pm  
**Book Worms** 1pm - 2:30pm  
**Zentangles Art** 11:30am - 12:30pm  
**Tri-Tip Dinner** 5pm to 6:30pm

**18**

**Yoga** 8:45am - 9:45am  
**Bocce** 9am - 11:30am  
**Stretch & Condition** 10am - 11am  
**Latest Health News** 11am - 12pm  
**Blood Pressure Checks** 11:45am - 12:15pm  
**Bridge** 12:15pm - 3pm  
**Canasta** 1pm - 3pm  
**Mahjong** 1pm - 3pm  
**Zumba Friends** 6pm - 7pm

**19**

**Bocce** 9am - 11:30am  
**Zumba** 9am - 10am  
**Writing Class** 10am - 12pm  
**Beg/Int Line Dance** 12am - 1pm  
**Home Arts** 2pm - 9pm



**20**

**Bocce** 9am - 11:30am  
**Meals on Wheels** 11:30am - 12pm  
**Bingo** 1pm - 3pm  
**Technology Open Session** 2:30pm - 4pm  
**Yoga** 5:30pm - 6:30pm



**21**

**Bocce** 9am - 11:30am  
**Watercolor** 9am - 12pm  
**Zumba** 9:30am - 10:30am  
**Yoga** 10:45am - 11:45am  
**Beginning Ukulele** 12pm - 1pm  
**Cribbage** 1:15pm - 3:15pm  
**Poker** 1:15pm - 3:15pm  
**Partner's Bridge** 1:15 - 3:15pm  
**Pinochle** 1:15pm - 3:15pm

**22**

**Center is CLOSED**



**25**

Same Monday Schedule (see 18th)

**26**

Same Tuesday Schedule (see 19th)

**27**

Same Wednesday Schedule (see 20th)

**28**

Same Thursday Schedule (see 21st)  
**Armchair Topics** 1pm-2pm  
**Birthday Celebrations** 2pm - 3:00pm

**29**

Same Friday Schedule (see 15th)



**The SCOTTS VALLEY SENIOR CENTER serves lunch and plays Bingo every Wednesday.**

**Lunch starts at 11:30 am till 12 Noon  
Donation of \$2.50.**

You MUST sign up by Tuesday at noon so that there is sufficient food for all the diners.

#### August 6

Meatball Tortellini Soup  
Romaine Salad  
WW Bread/Butter  
Orange Juice  
Fruited Jello  
Milk

#### August 13

Turkey Pot Roast/Gravy  
Roasted Red Potatoes  
Green Salad/Croutons  
WW Bread/Butter  
Banana  
Milk

#### August 20

Lemon Chicken  
Cauliflower  
Bok Choy  
Pearled Barley Pilaf  
Nectarine/Almond Cookie  
Milk

#### August 27

Cottage Cheese Fruit Platter  
Vegetable Barley Soup  
Crackers  
WW Bread/Butter  
Pineapple Juice  
Sorbet  
Milk

|            |                                                                             |                |                      |
|------------|-----------------------------------------------------------------------------|----------------|----------------------|
| <b>AUG</b> | <b>SVSC Flea Market</b>                                                     | <b>8/3</b>     | <b>8am - 2pm</b>     |
|            | <b>Tri-Tip Dinner</b>                                                       | <b>8/15</b>    | <b>5pm</b>           |
|            | <b>Center Closed</b>                                                        | <b>8/22</b>    | <b>Center Closed</b> |
| <b>SEP</b> | Labor Day Holiday                                                           | 9/1            | Center Closed        |
|            | SVSC Board Meeting                                                          | 9/4            | 3:15pm               |
|            | Grandparents Day Pancake Breakfast                                          | 9/7            | 8am - Noon           |
|            | International Night Dinner                                                  | 9/19           | 5pm                  |
|            | Center Closed                                                               | 9/26           | Center Closed        |
| <b>OCT</b> | No dinner this month                                                        | -----          |                      |
|            | Sponsor Appreciation Reception                                              | 10/3           | 5pm - 7pm            |
|            | Columbus Day Holiday                                                        | 10/13          | Center Closed        |
|            | SV City Council Presentation                                                | 10/15          | 6pm                  |
|            | Center Closed                                                               | 10/24          | Center Closed        |
|            | <b>NO ACTIVITIES</b> – Prep for Craft Faire Weekend - 10/27 to 10/31 & 11/3 |                |                      |
| <b>NOV</b> | Craft Faire Weekend                                                         | 11/1st/2nd     | 9am - 4pm/10am - 4pm |
|            | Veteran's Day Holiday                                                       | 11/11          | Center Closed        |
|            | Thanksgiving Potluck                                                        | 11/14          | 1pm                  |
|            | Thanksgiving Break                                                          | 11/26 - 11/30  | Center Closed        |
| <b>DEC</b> | Holiday Luncheon                                                            | 12/12          | 1pm                  |
|            | New Year's Eve Party                                                        | 12/31          | TBD                  |
|            | Holiday Break                                                               | 12/22 – 1/4/15 | Center Closed        |

**NOTE:** Circumstances may require SVSC to make changes and cancellations. We apologize for any inconvenience this may cause.



**Wednesdays from 1:00-3:00pm**, right after our Meals on Wheels luncheon. Project Scout runs the bingo games and everyone is invited. We hope to see you here! Cards are .50 each and we also have the pull tabs! 438-8666 for more info.

**Bingo cards are brought out at 12:30 pm.**

**Fall Bocce is almost here...**  
**Join the fun...we have a few openings**

**Register between July 22 and August 5** at the Scotts Valley Parks and Recreation Office, 361 Kings Village Road, Monday through Friday between 8am and 5pm.

Play begins week of August 25 at the Skypark Bocce Courts.

**Cost:** \$2.00 per game.

Eligibility, SVSC Members Only.

**Bocce Season runs from August 25 to October 31.**

Each team plays once a week.

A free lesson is included with registration.

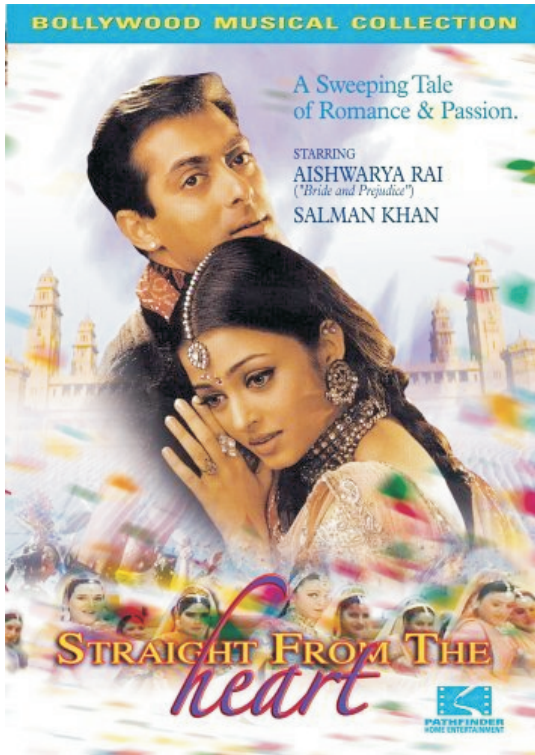
New players are welcome,  
Sign up early for limited openings  
or for Spring Season waiting list.



*Tech News is on hiatus this month. However, I will return next month with the first of a two part series on Credit Cards/Credit Scores and related info - See You then, Ferd Bergholz*



## Special Events



### SVSC Yoga & Zumba Class Invites YOU to “Movie & Dinner Night Out”

**Date:** Friday August 8, 2014

**Time:** 6:00 pm 9:30 pm

**Cost:** \$7 per person

(Pre-Paid Only - to cover food & decor)

Must sign up at the center by close of day on Monday August 4th

“Hum Dil Chuke Sanaam” (Straight From the Heart)

Starring Salman Khan & Aishwarya Rai

For more info: Padma Rudraraju 831.359.3324

A student of classical music and his teacher's daughter fall in love. However, the young woman's family arrange for her marriage to another man. The new groom surprises everyone with his actions in handling the situation.





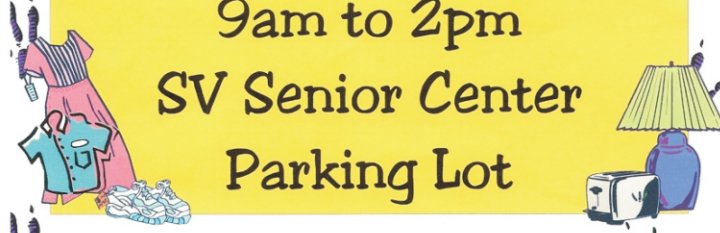
Food & drink for  
sale in kitchen

**WHO-O-O'S**  
comin' to the  
**Flea Market?**

**Sunday August 3rd**  
**9am to 2pm**  
**SV Senior Center**  
**Parking Lot**

**370 Kings Village Rd. SV**  
**(near SV Library)**

Contact Terri at 831-818-3107 for  
more info or to rent a space.



### Save the Date Grandparent's Day

### Pancake Breakfast



**Date:** Sunday, September 7th

**Time:** 8am to 12pm

**Where:** SV Senior Center

**Cost:** Adults \$6.50 / Kids \$4.00

#### All-you-can-eat Pancakes

(Banana Walnut, Pumpkin Spice & Plain)  
Served with Ham and Scrambled Eggs  
Orange Juice and Coffee

# Platinum Business Sponsors



**Cindy Saunders**  
Care Resource Manager  
5274 Scotts Valley Drive, Suite 102  
Scotts Valley, CA 95066  
Phone: 831-430-0616  
csaunders@visitingangels.com  
www.visitingangels.com/santacruz



**Jesse Gabriel Flippen**  
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### Scotts Valley Property Management

**Jeanne Shada, CCAM**  
Real Estate Broker  
DRE #00606749

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Scotts Valley, CA 95066 F: (831) 438-3206  
shadaway@aol.com

## Scotts Valley Senior Center Advertizing Rates Per Year

| LEVEL    | WHAT IS INCLUDED                                                                                                                                                                                                                                                  | COST  |
|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| Copper   | Newsletter only                                                                                                                                                                                                                                                   | \$60  |
| Bronze   | Small (approx 4" x 6") customized display on Sponsor Board                                                                                                                                                                                                        | \$50  |
| Silver   | Medium (approx 6" x 8") customized display on Sponsor Board                                                                                                                                                                                                       | \$100 |
| Gold     | Large (approx 8" x 11") customized display on Sponsor Board                                                                                                                                                                                                       | \$150 |
| Platinum | <b>Best value:</b> Includes the newsletter, large display on the Sponsor Board and one free rental of the facility (up to a maximum of four hours). Please note, the facility has to be available at time of booking. <b>This deal is valued at over \$400!!!</b> | \$250 |



# Copper Business Sponsors

## SENIOR NETWORK SERVICES

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[www.seniornetworkservices.org](http://www.seniornetworkservices.org)



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## Scotts Valley Senior Center Hours

**Monday, Wednesday:**  
10:00am - 4:00pm

**Tuesday, Thursday and Friday:**  
10:00am-2:00pm

### Other Hours for Special Events

**Directors office hours:**  
10:00am to 1:00pm on work days

**Phone Number:** 438-8666

**Address:**  
370 Kings Village Road  
Scotts Valley, CA 95066

**Please note** - On the fourth Friday of every month, the center will be closed. No classes or activities will take place on these days. We apologize for any inconvenience this may cause.

See this and older newsletters on the internet at [www.fbergholz.com](http://www.fbergholz.com)  
Senior Center Website: [www.scottsvally.org/parks/senior\\_center.html](http://www.scottsvally.org/parks/senior_center.html)

**CENTER CLOSED:** 8/22, 9/26, 10/24



**Scotts Valley Senior Center**  
370 Kings Village Road  
Scotts Valley, CA 95066

## Other Scotts Valley Events

**Scotts Valley Farmer's Market**  
Every Saturday 9:00 am-1:00 pm, Spring, Summer and Fall

**Scotts Valley 15th Annual Art & Wine Festival**  
August 9 & 10 ~ 10:00 am - 6:00 pm | FREE

**Hike-Bike for Hospice of Santa Cruz County**  
August 23 AT 10:00 am - 2:00 pm  
Website: <http://hikebike.hospicesantacruz.org/>

# Happy Summer!

## Scotts Valley Senior Center Mission Statement

The Senior Center's purpose is to provide a place where seniors may find companionship, help and the opportunity to pursue their interests in educational, recreational and craft activities, and to promote the goodwill and public interests of the community. It is a non-profit, non-sectarian and non-political organization of friendly neighbors.

Dues are \$20.00 per year, payable each July 1st. All donations are tax-deductible. Please make check payable to Scotts Valley Senior Center. Lifetime Membership fee is \$100. To be eligible for membership, you must be 50 years or older. New members pay pro-rated dues.

**Darshana Croskrey** (831) 438-8666  
Center Coordinator [dcroskrey@scottsvally.org](mailto:dcroskrey@scottsvally.org)

## Scotts Valley Senior Center Board Members

|                                       |               |
|---------------------------------------|---------------|
| Ferd Bergholz ~ Chairman of the Board |               |
| Harvey Bustichi                       | Gary Cramer   |
| Gillian McGlaze                       | Terri Ritchie |
| Margaret Schraft                      | Tom Steinhaus |

**Kiwanis of the Valley's Present Music at Skypark**  
August 31 @ 3:30 pm - 7:00 pm | FREE

The free community-wide "Music at Skypark" concert series benefiting the music programs in local public schools returns for its sixth summer season on the last Sundays of July, August and September (July 27, August 31 and September 28). All concerts run from 3:30 to 7:00 pm at Skypark in Scotts Valley. Two bands will perform at each concert, and local businesses will offer food and other concessions for sale, with all net proceeds going to the schools. Visit [www.KiwanisoftheValleys.org](http://www.KiwanisoftheValleys.org) for details or phone Mike Stewart at (831) 439-8018. Be sure to calendar these concert dates now!

The schedule for the 2014 Music at Skypark:

First Concert: July 27. The Houserockers and Funkranomicon

Second Concert: August 31. The Coffis Brothers and Scary Little Friends

Third Concert: September 28. Joint Chiefs and Extra Large