

370 Kings Village Road ♦ Scotts Valley, California 95066 ♦ (831) 438-8666

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Senior Center News Update December 2011 / January 2012

Coordinator's Message.....

Hello Center Members,

First and foremost, I apologize that this newsletter is so late in coming to you but November was a SUPER busy month with the Craft Faire and everything got sidetracked after that. However, we are almost back on track. What you do need to know is this newsletter will serve as your December/January edition.

So much has happened since you received your Oct letter and I will quickly give you a summarized version:

- We have a beautiful new, easy access shed thanks to Conrad and the City of Scotts Valley.
- Our storage room was cleaned out with major help from Bill, Padma, Margaret, Marlyn and Carol. What a big difference it has made!
- October's Armchair Discussion was VERY well-received. The topic of conversation was "Where I Come From" and the group of members who came together had a very stimulating conversation followed by a lovely birthday celebration overseen by Marlene's efforts. Do join us on January 26th 2012. The topic will be "Life's Defining Moments", and it will be followed by January Birthday Celebrations.
- October's Muecheon Movie was also well-received. Attendees enjoyed the home-made chili and cornbread followed by the movie, "It's Complicated". At \$5 per person, it is the best deal in town. Thank You Marlene, please join her on December 13th at Noon for another delicious lunch and viewing "The Holiday", a cute holiday movie starring Cameron Diaz and Kate Hudson. Mark your calendars for the January Muecheon Movie on January 10th at Noon, movie: To be determined.
- Thank You, Thank You, Thank You to everyone who volunteered to help with the 2011 Craft Faire. We had a successful event and it would not have been without your efforts. Thank you to all who attended and supported our vendors. I can say that I am truly looking forward to next year's faire. It was a great team effort, thank you for all the wonderful support that showered my way.
- All our classes and activities are going well. We will be introducing some new things next year. If there is something in particular that you would like to see, please come in and we will see what we can do.
- More thank yous – To EVERYONE who worked on providing the prep work on the fabulous Thanksgiving Potluck Luncheon. You did an out-standing job supporting Marlene (I was out of commission). It was absolutely delicious. Marlene baked a turkey for the drippings for the gravy but Board Member Steinhouse, deep-fried the other two turkeys, what a treat that was ☺ We served nearly 90 people. Clean up was an absolute breeze because EVERYONE took part in it under Mimi's encouragement. I was ready to walk out of the center at 3:30pm – AMAZING!!! Again, it was a true team effort.
- Do join us for the Holiday Luncheon on Friday Dec 18th at 1pm. Details are in this newsletter – just note that it is a pre-paid event, so do sign up and pay so you do not miss out on the fun.
- LASTLY ~ DO NOT FORGET – The Center will be CLOSED for the holidays from Monday December 19th and will re-open on Tuesday January 3rd, 2012.

In closing, I would like to share that I attended the Spring Lakes Christmas Concert this afternoon. What a wonderful event. Music is a universal language and speaks to all people of the world. This afternoon was about peace and calm, joy and love, good memories. These things are in my wish for you all to enjoy during this holiday season and the coming year.

Sincerely,

Darshana Croskrey

HAPPY BIRTHDAY to the Following Scotts Valley Senior Center Members for November

If You see any of these Members, Please wish them a HAPPY BIRTHDAY

Donna Hollister	2	Ann Johnson	2	Beulah Jones	3
Marty Carlson	5	Connie Adkins	6	Pat Eggleton	10
Gwendolyn Eddy	11	Robert M. Kerr	11	Patricia Padilla	12
Millie Hayes	13	Carolyn Fitz	16	Frank Southwick	16
Joan Weston	17	Bev Edmundson	18	Joy Mornard	19
Terri Fahrenholtz	21	Sharon Hansen	21	Diane Mattox	21
Ruth Kennedy	22	Betty Southwick	22	Madge Takahashi	22
Juliann Fetter	23	Mary Kiegelis	24	Mary Mapes	24
Loraine T. Lovato	25				

HAPPY BIRTHDAY to the Following Scotts Valley Senior Center Members for December

If You see any of these Members, Please wish them a HAPPY BIRTHDAY

Sue Camarena	1	Robert H. Mullis	5	Marilyn Quaintance	5
Chan MacKenzie	6	Fred Hill	7	Sandy Hartman	8
Jerri White	9	Lois Purdy	11	Margaret Wingrove	11
Christl Hinton	12	Robert Pensinger	13	Mel Fandrich	14
Greg Sherrell	16	Palmer R. Smith	18	Cynthia Pensinger	19
Christine Steinhaus	19	Colleen Hindson	24	Susan Mihalik	27
Ofelia Reyna	28	Nancy McNulty	29	Helen (Jo) Phillips	29
Noella Suwinski	29	Mildred Vogler	31		

HAPPY BIRTHDAY to the Following Scotts Valley Senior Center Members for January

If You see any of these Members, Please wish them a HAPPY BIRTHDAY

Zibe Karo	1	Rashmi K. Patel	1	Nora Wevers	2
Merry Chamberlain	3	Winfield S. Whitney,	3	Conrad Sudduth	4
Carole Giles	5	Charles Mast	5	Lorraine Amos	7
Donna Buelow	7	Arthur Welch	7	Joyce Ellorin	9
Joy Kieffer	9	Nancy Hanson	10	Patricia W. Christmann	11
Lois Jordheim	12	Alice Ritchie	12	Gail Matthews	13
Janel Moreno	15	Frances Jolley	18	Ferd Bergholz	19
Lydia Bogner	19	Shel Rosell	20	Sally Ball	21
Cheryl Lira	21	Miyoko Kadekawa	22	Judy Richards	23
Edie Johnson	25	Al Telles	25	Velma Robertson	26
Eileen Elliott	27	Blanche Dimare	31		



We Wish All of Our Birthday Seniors, for This Month, Best Wishes from The Entire Scotts Valley Senior Center. Have a Great Month and Remember that You are Only as Old as You Feel. So, for this month Feel Very Young!

MONTHLY BIRTHDAY CELEBRATIONS.....

Please note monthly birthday celebrations will take place on the LAST Thursday of the month at 2:00pm . This party is open to all. Come join us to wish a Happy Birthday to this months Birthday celebrates.

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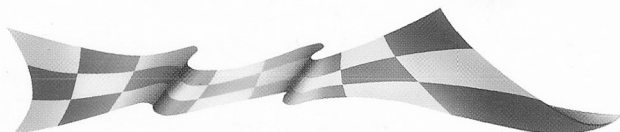
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Support Our Business Members

Please continue to support our existing Business members and help us locate some new ones. Our Business members help support the activities of the Center. Please let our director know about any new prospects for New Members.

**The SCOTTS VALLEY SENIOR CENTER
serves lunch and plays Bingo every Wednesday.**

Please join us for our weekly bingo games on Wednesdays from 1:00-3:00, right after our Meals on Wheels luncheon. Project Scout runs the bingo games and everyone is invited. We hope to see you here! Cards are .50 each and we also have the pull tabs! 438-8666 for more info.

Lunch starts at 11:30 am till 12:20 pm and is provided by Meals on Wheels.

Donation of \$2.50.

You must sign up by Tuesday at noon.

Bingo cards are brought out at 12:30 pm.

2012 Upcoming Events

BASIC FIRST AID, SIMPLE CPR & AED USE FOR OLDER AMERICANS

Friday March 9th, 2012

12pm to 2:30pm

Cost \$30 (includes Book & Certificate) ~ Pre-Paid Sign-ups Only

Class Description: Minutes and actions matter during emergency situations for yourself and others. Be proactive in emergency situations while waiting for help to arrive. Just because we are older and perhaps a little slower, we can still help ourselves and others with a few simple techniques and a wonderful device. Join John Laurent, a long-time CPR/AED/First Aid Instructor and a 34 year veteran of the San Jose Fire Department who will show us how it is done. The class exceeds all EMSA & OSHA requirements. Participants will receive a 2-year card of certification upon successful completion of the course. There is no need to be intimidated. This class is SPECIFICALLY geared towards the older population.

VALENTINE COOKIE GLAZING CLASS

Tuesday February 7th, 2012

1pm to 3pm

Cost \$5.00 ~ Pre-Paid Sign-ups Only

Class Description: Join us at The Center with member, Vivian Logan, as she demonstrates the techniques she uses to create beautifully decorated glazed cookies. You will then have a chance to have a go yourself and let your creativity flow. You will go home with a half dozen of your own decorated cookies to enjoy.

BEGINNING UKULELE ~ NEW SESSION STARTING

Tuesday February 14th, 2012

10am to 11am

Cost: \$3.00 Members

\$4.00 Non-Members

SCOTTS VALLEY SENIOR CENTER HOURS for 2012

Monday, Wednesday 10:00am - 4:00pm

Tuesday, Thursday and Friday 10:00-2:00

Other Hours for Special Events

Directors office hours of 10:00am to 2:00pm on work days

Phone Number 438-8666

Please note - On the fourth Friday of every month, the center will be closed due to the City of Scotts Valley furlough days. No classes or activities will take place on these days. We apologize for any inconvenience this may cause.

SCOTTS VALLEY SENIOR CENTER IMPORTANT VAN INFORMATION PLEASE KEEP AND POSTGUIDELINES FOR VAN

MONDAY: GROCERIES & BANKING
TUESDAY: MEDICAL APPOINTMENTS/GROCERIES
WEDNESDAY: LUNCH & BINGO AT THE CENTER
THURSDAY: MEDICAL APPOINTMENTS/GROCERIES
FRIDAY: SHOPPING

»» PLEASE GIVE At Least 24 HOURS NOTICE FOR ALL VAN TRIPS. »»

Remember, our drivers are volunteers and sometimes unavailable to drive.

VAN DONATIONS – S.V. SENIOR CENTER

MEMBER

SV TRIPS-----\$1.50 ONE WAY \$3.00 Round Trip

SANTA CRUZ TRIP-----\$6.00 (one way or round trip)

NON-MEMBERS

SV TRIPS-----\$2.00 ONE WAY SANTA CRUZ-----\$7.00(one way or round trip)

**VAN DONATION PRICE ALLOWS A TOTAL OF 2 STOPS. EACH ADDITIONAL
STOP IS \$.50**

- **Call for Volunteer Drivers:**

- The Center's van service is being utilized more these days so it would be nice if we could have one or two more drivers added to the roster. If you are interested, please telephone the Center or stop in and see Darshana for details – 438-8666

DOES ANYONE HAVE A RECORD PLAYER TO DONATE???

It is amazing what treasures a bit of de-cluttering can produce. We have found a lovely collection of records (78s and 33s), and would love to put them to use here at The Center for gatherings and dances. If anyone out there has a lead on or has a working record player that they no longer can use, we would appreciate it being donated to us. Please call Darshana if you can help.

Life is Sweet

A big thanks to the following folks who help to sweeten each day at the Center:

Mon: Marilyn ~ supplies us with doughnuts compliments of Ferrell's
Tues: Kris ~ bakery manager, cookies compliments of Nob Hills Foods
Wed: Suzanne ~ sheet cake and cupcakes compliments of the Grey Bears
Thur & Fri: Elaine ~ a topnotch baker who provides us with the most delicious home-baked goods.

Senior Center December 2011 / January 2012

New Calendar format:

The “Good News” is that The Center is becoming a hive of activity, the “Bad News” is that the calendar program that we use automatically decreases the print size when we have more than four items on any one day. Because of that, we are going to give the format below a trial run while we explore other options.

Monday

9:00am	Yoga	Padma Rudraraju
10:15am	Exercise	Cherry Nittler
11:00am	Blood Pressure	Mimi Patterson
12:00pm	Bridge	Lee DiGeronimo
1:00pm	Canasta	Ed Hassler
1:00pm	Pinochle	Donna Silvia

Tuesday

9:00am	Zumba	Leatrice Bachan	
10:00am	Beg Ukulele	Marty Carlson	
11:00am	Ukulele Jam	Diane Nielsen	
12:00pm	Muncheon Movie	Marlene Flannery	*** 2nd Tuesday of each month only
2:00pm	Home Arts	Billie Street	*** 1st, 3rd, 4th & 5th Tuesdays only

Wednesday

11:30am	Meals on Wheels	John Kiegelis
1:00pm	Bingo	Project Scout

Thursday

9:30am	Zumba	Leatrice Bachan	
9:00am	Watercolor	Beverly Martin	
11:00am	Yoga	Padma Rudraraju	
1:00pm	Cribbage	Sandi Butler	
1:00pm	Poker	Ruth Lambert	
1:00pm	Armchair Topics	The Center	***Last Thursday of each month only
2:00pm	Birthday Celebration	The Center	***Last Thursday of the month only

Friday

(Furlough Friday – The Center is closed every 4th Friday)

9:00am	Beg Line Dance	Sammy Khalil
9:00am	Tai Chi	Mary Mulligan
10:15am	Exercise	Cherry Nittler

SPECIAL Holiday Center Hours

Mon & Wed 10am to 4pm ~ Tues, Thurs & Fri 10am to 2pm

THE CENTER WILL BE CLOSED FOR WINTER BREAK FROM:

MONDAY DECEMBER 19TH 2011

AND RE-OPEN ON TUESDAY JANUARY 3^D, 2012

HAPPY HOLIDAYS TO ALL

GIFT BOOKS ARE IN...2012

Discount Gift Books are ready for sale. At \$12 per book they are the best deal going and pay for themselves in just one or two uses. The coupons cover a myriad of fast food, fine dining, goods and services to be found in Scotts Valley and the entire Santa Cruz County. This is a fundraiser for The Center and we get to keep 50% of the proceeds. So...please talk it up to family, friends and neighbors. They make for excellent stocking stuffers, hostess gifts, thank you gifts, help your grandkids with their dating budgets and options....the reasons to buy them are endless! Stop in and pick up one or two or ten today ☺

SPECIAL EVENT FOR DECEMBER:

~ HOLIDAY LUNCHEON ~

DATE ~ FRIDAY DECEMBER 16TH, 2011

TIME ~ 1:00PM

PLACE ~ SENIOR CENTER

COST ~ \$12 MEMBER AND \$15 NON-MEMBERS ~ PRE-PAID SIGN-UPS ONLY

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