

370 Kings Village Road ♦ Scotts Valley, California 95066 ♦ (831) 438-8666 ♦ e-mail us at SVSenCenter@prodigy.net ♦

Senior Center News Update May 2011

President's Message.....

Thanks to John and Mary Kiegelis, Gillian and all volunteers the Pancake Breakfast/Silent Auction was a success. It was great to have our friend Kristin back with us for this event. As always thanks to Sue Kerr and her sister Linda the display of the Silent Auction items was outstanding. Since bidding closed at 12:00 pm watching the fever pitch of last minute bidding on Silent Auction items was quite an experience.

In case you were not aware, Ferd has continued to provide us with our Newsletter. When Ferd completes the Newsletter he then sends it to Carol at Parks and Recreation Department to be printed. It then comes back to the Center where volunteers Helen Piexoto, Dolores Webber and Ron Frazier fold and apply labels. The Newsletter then goes back to Carol for mailing. Thank you Ferd, Carol, Helen, Dolores and Ron for the teamwork in getting the Newsletter to the members every month.

Didn't Ferd create a wonderful monthly Happy Birthday to member's section of the Newsletter? We will keep you posted, but as it stands now the Scotts Valley Senior Center board will meet on Thursday, May 5th, at 3:00 pm in our library. Before the meeting the date, time and place will be posted at the Center. Members are welcome to attend these meetings Joy Mornard Scotts Valley Senior Center President

UKULELE CLASS

Carolee Burrows is giving her beginning ukulele class, Tuesdays from 10:00-11:00. Carolee also teaches at Highland Park. Class costs \$2 per class and you will quickly learn to play songs on this fun instrument. The ongoing ukulele jam class starts at 11:00.

LINE DANCE CLASS

Please join Samy Khalil on Fridays, for a beginner's line dancing class from 9:15-10:00 (before exercise class) This class will be for those seniors who want a gentle, enjoyable and fun class and Samy says it would be stimulating activity for your brain, also. Class is \$2 per person, per class.

BOCCE BALL

Spring Bocce Ball has started. You need to be a member of the center, \$5 registration, and \$2 per game. Please contact Mimi Patterson for more info at 461-1608.

YOUR HELP IS NEEDED

Due to the shorter hours that our new director has available, we would like to have a Volunteer Chairman and a co-chairman for each major event. Your help in volunteering will be greatly appreciated. Some events will also need to have a few additional volunteers for the day of the event. Please pitch in when you can. We all gain from an active Senior Center. We can also use help with the front desk phones.

HAPPY BIRTHDAY to the Following Scotts Valley Senior Center Members for May If You see any of these Members, Please wish them a HAPPY BIRTHDAY

| If You see any of thes |
|------------------------|
| Lee Grobe |
| Jack H. Behrens |
| Phyllis Levine |
| Elaine Burt |
| Gary Cramer |
| Nick Hartman |
| Ruth L. Lambert |
| Ralaine Lovato |
| Felice Digeronimo |
| Cindy Rady |
| |

Helen Piexoto 1 4 Al Kanady 7 Marilyn Snyder 9 Lorraine Caton 11 Mary Leeman 12 Martha Kaufeldt 15 Carolyn Copland 20 Erma V. Coddington 25 Jane Pennington Beverly D. Paine 30

| 1 | Margaret Schraft | 3 |
|----|------------------|----|
| 4 | Caroline Ramirez | 4 |
| 7 | Syd Carlson | 8 |
| 9 | Rita Christie | 11 |
| 11 | Lorraine Paul | 11 |
| 12 | Bev Johnson | 13 |
| 16 | Nancy Reynolds | 16 |
| 22 | Arnold Reyna | 24 |
| 27 | Patty Ventry | 29 |
| 31 | | |



We Wish All of Our Birthday Seniors, for This Month, Best Wishes from The Entire Scotts Valley Senior Center. Have a Great Month and Remember that You are Only as Old as You Feel. So, for this month Feel Very Young!

MONTHLY BIRTHDAY CAKES

May 25th after Meals on Wheels lunch will be this month's birthday cake.

VAN DRIVERS NEEDED

It is wonderful that our Center provides rides to our seniors, for things like going to the bank, grocery shopping and doctors appointments. Our drivers are volunteers and would be driving only; they would not be an assistant. Most of the time, it is only one passenger. You would be doing such a great service for these seniors that are not able to get out on their own. You will pick up and drop off seniors at their destination, wait for them and then return them back to their home. Please call 438-8666 if you have the time.

TAI CHI FOR SENIORS

Please join instructor Mary Mulligan for her ongoing Tai Chi class on Friday mornings from 9-10 at the SV community center. This class is gentle, easy movement for your body, mind and spirit. Class is \$7 for members and \$8 for non-members.

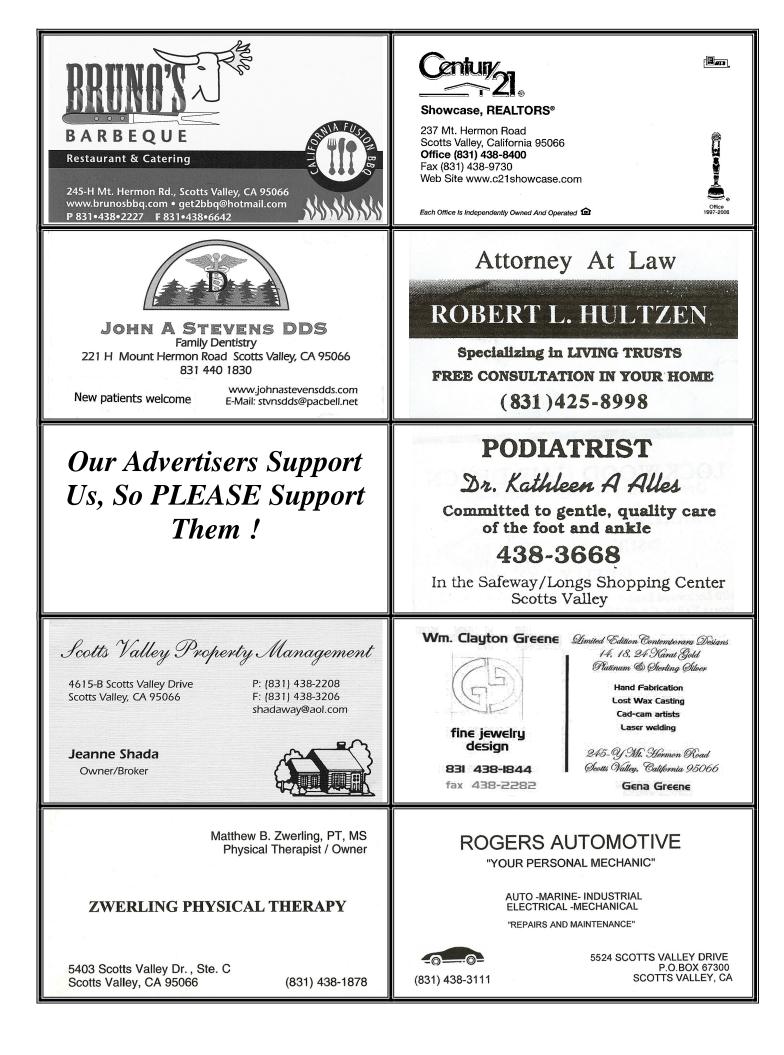
SENIOR CENTER CLOSED

| | 5/27/2011 Furlough Day | 5/30/2011 Memorial Day |
|------------------------|---------------------------|------------------------|
| 6/24/2011 Furlough Day | 7/4/2011 Independence Day | |

2011 ADVENTURE DINING BOOK - Last Chance for This Year

We are once again selling the wonderful adventure dining coupon book, so come on over and pick up the new 2011 copy. The cost is only \$12 and the senior center gets to keep half the amount sold! This has always been a good fundraiser for us and don't forget they make great gifts like Birthdays. Buy one meal, get one free! Also, there are many other coupons good for the hardware store, car rentals and more! Call 438-8666 for more details. *The coupons for Marie Calendars will pay for more than the cost of the book.*







SENIOR NETWORK SERVICES Linking Seniors with Services

831-462-1433

1777A Capitola Road Santa Cruz Ca 95062 www.seniornetworkservices.org

Support Our Business Members Please continue to support our existing Business members and help us locate some new ones. Our Business members help support the activities of the Center. Please let our director know about any new prospects for New Members.

The SCOTTS VALLEY SENIOR CENTER serves lunch and plays Bingo every Wednesday.

Please join us for our weekly bingo games on Wednesdays from 1:00-3:00, right after our Meals on Wheels luncheon. Project Scout runs the bingo games and everyone is invited. We hope to see you here! Cards are .50 each and we also have the pull tabs! 438-8666 for more info.

Lunch starts at 11:30 am till 12:20 pm and is provided by Meals on Wheels. Donation of \$2.50. You must sign up by Tuesday at noon. Bingo cards are brought out at 12:30 pm.

Rentals Available

Do you have friends or family that may be looking for a place to have a Party? Our Senior Center makes some of its revenue by renting our facility. We have a complete commercial kitchen, a large meeting room and a smaller meeting room for smaller groups. Be sure to let everyone know about our building for future Birthday parties, Weddings, or just a big family gathering. Please call the recreation department at 438-3251 for prices and availability.

Activity Reminder

Please remember that anyone attending an activity, like card playing or ukulele class etc, that asks you to pay a \$2 donation; is a member price. All Non Senior Center members are required to pay \$3 for the same activity. That is just another benefit for becoming a member of our Center.

SCOTTS VALLEY SENIOR CENTER HOURS for 2011

Monday, Wednesday 10:00-4:00 Tuesday and Thursday 10:00-2:00 Friday 10:00-3:00 Other Hours for Special Events Directors office hours of 9:00am to 1:00pm on work days Phone Number 438-8666

SCOTTS VALLEY SENIOR CENTER IMPORTANT VAN INFORMATION

PLEASE KEEP AND POST GUIDELINES FOR VAN

- MONDAY: GROCERIES & BANKING
- TUESDAY: MEDICAL APPOINTMENTS/GROCERIES
- WEDNESDAY: LUNCH & BINGO AT THE CENTER
- THURSDAY: MEDICAL APPOINTMENTS/GROCERIES
- FRIDAY: SHOPPING

»» PLEASE GIVE At Least 24 HOURS NOTICE FOR ALL VAN TRIPS. »» Remember, our drivers are volunteers and sometimes unavailable to drive.

> VAN DONATIONS – S.V. SENIOR CENTER <u>MEMBERS</u> SV TRIPS-----\$1.50 ONE WAY SANTA CRUZ TRIP-----\$6.00 (one way or round trip) <u>NON-MEMBERS</u> SV TRIPS-----\$2.00 ONE WAY SANTA CRUZ-----\$7.00(one way or round trip)

THE ABOVE VAN DONATION PRICE ALLOWS A TOTAL OF 2 STOPS. EACH ADDITIONAL STOP IS .50

MEMBER TRIPS TO CENTER-----\$1.50 ROUND TRIP

NON-MEMBER TRIPS TO CENTER-----\$2.00 ROUND TRIP

May 2011

Scotts Valley Senior Center Monthly Planner

The Meals On Wheels Menu for each Wed nesday is available at the Center One Week Ahead. Please stop by or call for the current Menu or to Sign Up.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------|--|---|--|---|---|---------------------------|
| 1 | 2 9:00 AM Yoga 10:15 AM Exercise 11:00 AM Blood Pressure 12:30 PM -4:00 PM Bridge & Cards | <i>3</i> 10:00 AM -11:00 AM Beginning Ukulele Class 11:00 AM Ukulele Jam 2:00 PM -9:00 PM Home Arts | 4 11:30 AM Meals on Wheels Lunch 1:00 PM Bingo | 5 9:00 AM -12:00 PM Watercolor Class | 6 9:00 AM Tai Chi Com Ctr 9:15 AM -10:00 AM Beg Line Dance 10:15 AM Exercise 1:00 PM -3:00 PM Poker | 7 |
| 8 Mother's Day | 9 9:00 AM Yoga 10:15 AM Exercise 11:00 AM Blood Pressure 12:30 PM -4:00 PM Bridge & Cards | 10 10:00 AM -11:00 AM Beginning Ukulele Class 11:00 AM Ukulele Jam | 11:30 AM Meals on W heels Lunch 1:00 PM Bingo | 12 9:00 AM -12:00 PM W atercolor Class | 13 9:00 AM Tai Chi Com Ctr 9:15 AM -10:00 AM Beg Line Dance 10:15 AM Exercise 1:00 PM -3:00 PM Poker | 14 |
| 15 | 16 9:00 AM Yoga 10:15 AM Exercise 11:00 AM Blood Pressure 12:30 PM -4:00 PM Bridge & Cards | 17 10:00 AM -11:00 AM Beginning Ukulele Class 11:00 AM Ukulele Jam 2:00 PM -9:00 PM Home Arts | 18 11:30 AM Meals on W heels Lunch 1:00 PM Bingo | 9:00 AM -12:00 PM Watercolor Class | 20 9:00 AM Tai Chi Com Ctr 9:15 AM -10:00 AM Beg Line Dance 10:15 AM Exercise 1:00 PM -3:00 PM Poker | 21 Armed Forces Day |
| 22 | 23 9:00 AM Yoga 10:15 AM Exercise 11:00 AM Blood Pressure 12:30 PM -4:00 PM Bridge & Cards | 24 10:00 AM -11:00 AM Beginning Ukulele Class 11:00 AM Ukulele Jam 2:00 PM -9:00 PM Home Arts | 25 11:30 AM Meals on Wheels Lunch 1:00 PM Bingo | 26 9:00 AM -12:00 PM Watercolor Class | 27 Furlough Day - Center Closed | 28 |
| 29 | 30 Memorial Day (Observed) Memorial Day - Center Closed | <i>31</i> 10:00 AM -11:00 AM Beginning Ukulele Class 11:00 AM Ukulele Jam 2:00 PM -9:00 PM Home Arts | 3 4 10 11 17 18 | Apr 2011 T W T F S 1 2 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30 | Jun 2011 S M T W T 1 2 1 2 5 6 7 8 9 12 13 14 15 16 19 20 21 22 23 26 27 28 29 30 | 3 4 10 11 17 18 |

Up Coming Events

| June Hamburger BBQ – TBA | July Chicken Dinner – TBA | August Steak BBQ – TBA |
|----------------------------------|------------------------------|-------------------------|
| Oct Chocolate & Wine Fest TBA | Nov Craft & Gift Faire - TBA | Pancake Breakfast – TBA |



RETURN SERVICE REQUESTED

Scotts Valley Senior Center 370 Kings Village Road Scotts Valley, CA 95066



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